

Website on Measures for Loneliness and Isolation

You are not alone

Do you have worries by yourself with no one to turn to?
Please take advantage of supports for you.

Find Programs / Contact Points



<https://www.notalone-cas.go.jp/english/>

To all of you under 18 years old



<https://www.notalone-cas.go.jp/english/under18/>

The Office for Policy on Loneliness and Isolation, Cabinet Secretariat